Lesson C1

DISCOVER YOUR INTERESTS SHOWCASE

**CAREER EXPLORATION AND PORTALS TEKS OBJECTIVES**

| §127.3.c | 1. The student explores personal interests and aptitudes as they relate to education and career planning. The student is expected to: (A) complete, discuss, and analyze the results of personality, career interest, and aptitude assessments.  
2. The student analyzes personal interests and aptitudes regarding education and career planning. The student is expected to: (A) create a personal career portfolio; (E) identify entrepreneurial opportunities within a field of personal interest.  
7. The student develops skills for professional success. The student is expected to: (A) demonstrate effective verbal, nonverbal, written, and electronic communication skills. |
| §127.4.c | 2. The student explores pathways of interest within one or more career clusters. The student is expected to: (A) investigate career opportunities within the pathways; (B) explore careers of personal interest.  
4. The student explores the professional skills needed for college and career success. The student is expected to: (C) develop a personal six- or eight-year achievement plan that incorporates rigorous academic and relevant enrichment courses; (E) identify professional associations affiliated with a specified program of study; (F) employ effective leadership, teamwork, and conflict management. |

**Instructional Directions**

This activity is designed to take 20–35 minutes as presented below.

1. Define “Career Exploration” for students. This is the process of aligning interests to possible job options, identifying appropriate educational and lifestyle choices, and considering options for achieving their career goals. Discuss with students how they might explore careers, what careers they are considering, and why they currently have these ideas.

2. Discover Your Interests – Direct the discussion to lead students to considering their interests and strengths as a starting point for discovering career opportunities.
   - A. Give examples of strengths/character qualities, such as:
     - a. Compassionate listener
     - b. Outgoing encourager
     - c. Problem solving investigator
   - B. Have students complete the Discover Your Interests Worksheet (Blackline Master C1)
     - a. Review questions for understanding
     - b. Allow time for completion. Students may consult peers as appropriate or desired based on the nature of the question.

3. Showcase Your Talent
   - A. Have students select one question from the worksheet to share with the class. For example, if a student chooses to share that their friends compliment their talent as a poet, they might share a poem. If they are good in science, they might build something or share an odd science fact.
   - B. Give options in method of sharing
     - a. Perform the skill or talent
     - b. Work a problem on the board
     - c. Display a piece of art work
     - d. Other options as defined by the student and approved by the teacher
DISCOVER YOUR INTERESTS SHOWCASE

Learning Outcome(s)  Students will be able to determine what talents others may recognize in them, identify qualities they admire in others that they possess, acknowledge positive actions that gave them a sense of accomplishment, identify how interests may turn into occupations.

Deliverables  • completed Blackline Master C1
      • demonstrable skill or talent for showcase

Resources Needed  • Blackline Master C1

Vocabulary or Concepts
(New and/or Challenging)  • Career Exploration

MODIFICATIONS & EXTENSIONS

• School-to-Home Connection: Interview 2 adults (teacher, parent, adult friend) about their impression of the student (ref. question 2 on worksheet) Ask parent or guardian how they chose their career and how it matches their interests or strengths.

• Technology-Driven: Complete the Choices Career Planner Interest Inventory Test from Workforce Solutions (http://www.wrksolutions.com/cp/homepage.html) and have students compare the interests revealed in this inventory with those on their worksheet. Have students write a summary essay or create a presentation to discuss their new findings.
DISCOVER YOUR INTERESTS

1. Good friends count on each other for many things. What do YOUR friends count on you for or what do they often compliment you about? (not counting looks)

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2. What PRAISE or acknowledgement have you gotten from your teachers?

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3. What are your favorite subjects and why?

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4. Identify three people you admire. Name THREE QUALITIES or characteristics in each of these people that you most respect or admire. Circle the qualities that you named that are also true about YOU. How do you show these characteristics?

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5. Describe something you DESIGNED, CREATED, built, made, or fixed up, that gave you a strong sense of satisfaction. Tell why you feel good about it.

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