IMPOSTER SYNDROME Symptoms, causes & solutions

GUEST SPEAKER: DR. DANIEL USERA



utions Seminar

July 20th, 10 am - 11:00 am (CST) via Zoom 1 HRCI & SHRM Credit

Learning Objectives:

- Recognize the symptoms of imposter syndrome
- Trace different causes of imposter thinking
- Implement strategies to reduce imposter thinking



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